

Safety Services/Course	Duration	Refresher
Personnel Emergency Safety		
Basic Plus CPR/AED/First Aid w/ Skills Assessment	4 hours	2 Yr
Bloodborne Pathogens (BBP)	4 hours	1 Yr
American Red Cross CPR/AED/First Aid w/ Skills Assessment	4-5 hours	2 Yr
Drug/Alcohol		
Drug/Alcohol for Supervisors	2 hours	2 Yr
EAP Supervisor Training	2 hours	2 Yr
Hazardous Waste Operations (HazWoper)		
HazWoper Refresher	6-8 hours	1 Yr
HazWoper Awareness Level (HazWoper 8)	8 hours	1 Yr
HazWoper Operations Level (HazWoper 16)	16 hours	1 Yr
HazWoper Technician Level (HazWoper 24)	24 hours	1 Yr
HazWoper Field Specialist (HazWoper 40)	40 hours	1 Yr
NCCER		
NCCER Craft Assessments (<i>Industrial Pipefitter, Industrial Ironworker, Industrial Electrician, Instrument Tech, etc.</i>)	As Required	N/A
NCCER Pipeline Operator Qualifications (OQ) (<i>includes Computerized/Written Testing and Performance Profile</i>)	As Required	N/A
NCCER Pipeline Lecture Training (if needed)		
NCCER Craft Performance Verification (<i>Verified Performance for Pipefitter, Ironworker, etc.</i>)	As Required	3 Yr
NCCER Heavy Equipment Operator: (Backhoe, Excavator, Dozer, DumpTruck, Loader, Grader, Roller, Scraper)	2-3 hours	3 Yr
NCCER Heavy Equipment Operator: Forklift	2-3 hours	3 Yr
NCCER Rigger/SignalPerson Qualifications		
NCCER: Rigger Assessment (Computerized)	2 hours	N/A
NCCER: Crane Assessment (Computerized)	3 hours	N/A
NCCER: SignalPerson Assessment (Computerized)	2 hours	N/A
NCCER: Basic Rigger Practical	As Needed	5 Yr
NCCER: Intermediate Rigger Practical	As Needed	5 Yr
NCCER: Advanced Rigger Practical	As Needed	5 Yr
NCCER: Signalperson Practical	As Needed	5 Yr
Rigger Training		
Rigger Training (In-Class Lecture Training) w/ Working Load and Lift Planning	6-8 Hours	N/A
Rigging (Hands-on) w/ Signalman Training (<i>The Crosby Group™ Training Program</i>)	6 hours	4 Yr
Rigging API RP2D 7th Edition w/ Signalperson Training and Evaluation	8 hours	4 Yr
Crane and Rigger (<i>note: All crane operators must be Rigger Qualified first.</i>)		
Crane Operator Refresher Training w/ Evaluation	4 hours	4 Yr
Crane Operator Qualification (Non-API) Training w/ Evaluation	1 day (8 hrs)	4 Yr
Crane Operator Qualification API RP2D 7th Edition Training w/ Evaluation	2 days (16 hrs)	4 Yr
Signalman Training	2 hours	4 Yr
VERIFORCE Operator Qualifications (OQ)		
Veriforce OQ's (<i>Covered tasks and evaluation site(s) must be identified prior to evaluation(s)</i>) <i>Note: 150/day fee will apply for use of pipeline setup at our facility</i>	As Required	N/A
Production Safety Systems Training (provided by Bonaventure ProTraining™)		
Production Operator Training (3-Day ProTraining™ Certified) (Non-API)	3 day (24 hrs)	3 year
Production Operator Training (3-Day ProTraining™ Certified) (API-U Certified)	3 day (24 hrs)	3 year
PSST T-2 Basic Subpart O (Non-API)	3 day (24 hrs)	3 year
PSST T-2 Basic Subpart O (API-U Certified)	3 day (24 hrs)	3 year
PSST T-2 Basic Subpart O Refresher (Non-API)	1 day (8 hr)	3 year
PSST T-2 Basic Subpart O Refresher (API-U Certified)	1 day (8 hr)	3 year
Energy Worldnet (EWN) Operator Qualifications (OQ)		
Energy Worldnet (PE) Performance Evaluation	As Required	
Energy Worldnet (CBT) Computer Based Training	As Required	

Safety Services/Course	Duration	Refresher
General Industry		
Air Monitoring/Gas Detection	2 hours	As Needed
Air Monitoring for Hazardous Materials	2 hours	2 Yr
Asbestos Safety	4 hours	2 Yr
Avalanche Safety	2 hours	1 yr
Battery Handling	2 hours	2 yr
Behavior Based Safety Orientation	3 hours	2 Yr
Benzene Awareness	2 hours	1 Yr
Boating Safety	4 hours	2 Yr
Defensive Driving	8 hours	3 Yr
Electrical Safety	4 hours	2 Yr
Emergency Response/Toxicology/DECON	4 hours	1 Yr
Environmental Awareness	4 hours	1 Yr
Ergonomics & Manual Lifting	4 hours	2 Yr
Fall Protection/ Ladder Safety	4 hours	2 Yr
Fire Protection/Incipient Fire Fighting/Fire Watch Safety	6 hours	2 Yr
Hand and Power Tools (Construction Industry)	4 hours	2 Yr
Hand and Power Tools (General Industry)	4 hours	2 Yr
Hazard Identification/Risk Assessment/Job Safety Analysis (JSA) Procedures	4 hours	As Needed
HazCom Standard - Global Harmonization System (GHS)	3-4 hours	1 Yr
Hearing Conservation	2 hours	1 Yr
Heat Illness Prevention	2 hours	2 Yr
HM 126 / DOT HAZMAT	2-3 hours	3 Yr
Hydro-Blasting "HPWCS"	8 hours	2 Yr
Hydrogen Sulfide Safety (H2S)	4 hours	1 Yr
Hydrostatic Testing Safety	4-6 hours	3 Yr
Incident Reporting and Accident Investigation	5 hours	2 Yr
Lead Abatement for Construction	2 hours	3 Yr
Lock-out/Tag-out (LO/TO)	4 hours	2 Yr
Machine Guarding	2 hours	2 Yr
Marine Trash and Debris	As needed	1 Yr
NFPA 70E Arc Flashing	8 hours	3 Yr
Norm Surveyor	8 hours	3 yrs
NORM Worker Awareness/Radiation Safety	4 hours	3 Yr
Permit to Work	2 hours	3 Yr
Personal Protective Equipment	4 hours	2 Yr
Prevention of Workplace Violence	2 hours	2 Yr
Process Equipment and Piping Isolation Procedures	3 hours	2 Yr
Proper Lifting and Back Safety	4 hours	2 Yr
Respiratory Protection	2-4 hours	1 Yr
Scaffolding Awareness	4 hours	2 Yr
Scaffolding - Competent Person	6 hours	2 Yr
Short Service Employee	2 hours	2 Yr
Slips, Trips, and Falls/Walking/Working Surfaces	2 hours	2 Yr
Supplied Air & Bottle Watch Safety	2 hours	1 Yr
Trenching & Shoring/Excavation Safety	4 hours	3 Yr
Vessel Isolation, Air Monitoring for Hazardous Materials	2 hours	2 yr
Warehouse Safety & Material Handling	4 hours	2 Yr
Waste Management	4 hours	1 Yr
Welding Safety, Cutting, and Hot Work	2 hours	2 Yr
Work Zone Safety, Flagging & Traffic Control	4 hours	3 yr
Confined Space		
Confined Space Awareness	2 hours	2 Yr
Permit Required Confined Space Entry	2-3 hours	2 Yr
Permit Required Confined Space Entrant/Attendant/Safety	4-5 hours	2 Yr
Permit Required Confined Space Rescue	4-6 hours	2 Yr
Permit Required Confined Space Entrant/Attendant/Rescue	8 hours	2 Yr

Safety Services/Course	Duration	Refresher
Heavy Equipment/ Mobile Equipment Safe Operations Training		
Heavy Equipment/ Mobile Equipment Hands-on Evaluation (per machine)	2 hours	1 Yr
Aerial Lift/Manlift Operator Qualification w/ Evaluation	4 hours	3 Yr
Bobcat Operator Qualification w/ Evaluation	4-6 hours	3 Yr
Extendalift Forklift Operator Qualification w/ Evaluation	4 hours	3 Yr
Extendaboom Manlift Operations and Safety	4 hours	3 Yr
Forklift Operator Qualification w/ Evaluation	4-6 hours	3 Yr
Order Picker Operations and Safety	4 hours	3 Yr
Overhead Crane Operator Qualification w/ Evaluation	4-6 hours	4 Yr
Pallet Truck Safety	3-4 hours	3 Yr
Reach Truck Operations and Safety	3-4 hours	3 Yr
Scissor Lift Operator Qualification w/ Evaluation	4 hours	3 Yr
Skid-Steer Loader Operator Qualification w/ Evaluation	4 hours	3 Yr
Trackhoe/Backhoe Operations and Safety	4-6 hours	3 Yr
Trencher Operator Qualification w/ Evaluation	4 hours	3 Yr
OSHA		
OSHA 10 for Construction (Mandatory 2 Days)	10 hours	N/A
OSHA 10 for General Industry (Mandatory 2 Days)	10 hours	N/A
OSHA 30 Hour for Construction (Mandatory 4 Days)	30 hours	N/A
OSHA 30 Hour for General Industry (Mandatory 4 Days)	30 hours	N/A
OSHA Recordkeeping Training	2 hours	N/A
PEC Premier		
PEC Basic 10	10 hours	N/A
PEC Core Compliance	24 hours	1 Yr
PEC Core Compliance Annual Refresher	8-10 hours	1 Yr
PEC SafeGulf Basic Safety Awareness Orientation w/ SEMS II, Offshore	8-10 hours	N/A
PEC H2S Clear (*NEW*)	4 hours	N/A
SafeLandUSA	8-10 hours	N/A
Safety Attendant Services		
Bottlewatch (Safety Attendant)	Per Day	N/A
Firewatch (Safety Attendant)	Per Day	N/A
Holewatch (Safety Attendant)	Per Day	N/A
Medical Testing		
Breath Alcohol Test	As Needed	As Needed
Pulmonary Function & Face Fit Test	As Needed	1 Yr
Pulmonary Function Test	As Needed	1 Yr
Respirator Fit Test	As Needed	1 Yr
Urinalysis Drug Testing (Collection only)	As Needed	As Needed
Urinalysis Drug Testing (includes collection, laboratory confirmation, and MRO)	As Needed	As Needed

Local Minimums: There are no minimums for training that is conducted at our facility.

Instructor/Evaluator Day Rate for On-site Services: For training/evaluations at your jobsite/facility, we may require a daily surcharge of \$150 to \$200.

Mileage: Mileage is billed at .54 cents per mile for on-site training outside of a 50-mile radius of our facility.

Lodging: When needed, lodging for instructors and/or evaluators will be billed at \$150 per night.

Flights: Billed to customer.

After-hours/Weekend Surcharges: Services outside normal business hours will incur surcharges to be billed applicably.